

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 051

Total Responses: 107

1. Check one that describes you:	Yes	No	N/R
Pregnant	20	57	30
A parent/caretaker of a baby under 6 months	33	44	30
A parent/caretaker of a baby 6 months to 1 year	24	40	43
Breastfeeding (at least 1 time in 24 hours)	18	51	38
A parent/caretaker of a child over 1 year old	67	17	23
The dad, grandparent, caretaker of a child on WIC	14	51	42
The mom of a child on WIC	63	7	37
I am 18 years or younger	9	56	42

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	34	31	32	10
Getting children to eat healthy foods	15	12	78	2
Quick healthy meals	10	17	78	2
Eating a healthy diet after pregnancy	27	19	54	7
Saving money at the grocery store	13	21	67	6

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	16	47	40	4
Discussion only	22	54	24	7
Food demonstration/taste test	23	36	42	6
On the internet	34	31	34	8
Reading on my own	19	34	47	7
Learning activities	13	30	58	6

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4. What is the highest level of school you completed?	Total
6th grade or less	1
7th to 9th grade	13
10th to 12th grade	29
High School graduate	42
Some College / Current Student	18
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	46	58	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	57	47	3
Cable TV	82	23	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	12
3 times a week	19
4 or more times a week	43
No response	25

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	30	23	51	3
Exercise during of after pregnancy	37	18	48	4
Stretching	32	22	47	6
Exercising more myself	20	21	61	5
Getting my children to exercise more	26	25	50	6
Back health	25	30	49	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 053

Total Responses: 106

1. Check one that describes you:	Yes	No	N/R
Pregnant	19	78	9
A parent/caretaker of a baby under 6 months	37	64	5
A parent/caretaker of a baby 6 months to 1 year	28	74	4
Breastfeeding (at least 1 time in 24 hours)	17	80	9
A parent/caretaker of a child over 1 year old	67	34	5
The dad, grandparent, caretaker of a child on WIC	13	81	12
The mom of a child on WIC	88	17	1
I am 18 years or younger	21	77	8

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	35	38	24	9
Getting children to eat healthy foods	10	17	78	1
Quick healthy meals	6	17	78	5
Eating a healthy diet after pregnancy	32	18	47	9
Saving money at the grocery store	12	18	73	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	11	52	42	1
Discussion only	25	55	19	7
Food demonstration/taste test	31	38	33	4
On the internet	48	24	28	6
Reading on my own	15	42	43	6
Learning activities	8	38	55	5

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4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	11
10th to 12th grade	27
High School graduate	40
Some College / Current Student	14
College Graduate	9
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	36	69	1
A video game console (X-box, Playstation, Game Cube, Nintendo)	46	58	2
Cable TV	62	42	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	5
2 times a week	10
3 times a week	15
4 or more times a week	49
No response	27

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	37	27	38	4
Exercise during of after pregnancy	42	20	36	8
Stretching	34	35	31	6
Exercising more myself	25	25	52	4
Getting my children to exercise more	34	29	39	4
Back health	30	30	42	4

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 053

ENGLISH

they are already very helpful

don't discuss thing we already know especially if we already had kids

SPANISH

cuanta es la parcion de leche que deben tamar

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 054

Total Responses: **80**

1. Check one that describes you:	Yes	No	N/R
Pregnant	16	56	8
A parent/caretaker of a baby under 6 months	28	48	4
A parent/caretaker of a baby 6 months to 1 year	28	46	6
Breastfeeding (at least 1 time in 24 hours)	13	62	5
A parent/caretaker of a child over 1 year old	41	33	6
The dad, grandparent, caretaker of a child on WIC	17	57	6
The mom of a child on WIC	67	9	4
I am 18 years or younger	16	54	10

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	17	24	37	2
Getting children to eat healthy foods	3	10	67	0
Quick healthy meals	1	9	68	2
Eating a healthy diet after pregnancy	8	14	56	2
Saving money at the grocery store	4	11	64	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	10	26	40	4
Discussion only	1	39	37	3
Food demonstration/taste test	8	20	50	2
On the internet	27	26	21	6
Reading on my own	16	31	29	4
Learning activities	3	24	50	3

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4. What is the highest level of school you completed?	Total
6th grade or less	7
7th to 9th grade	18
10th to 12th grade	21
High School graduate	24
Some College / Current Student	8
College Graduate	1
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	28	47	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	27	47	6
Cable TV	34	42	4

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	8
3 times a week	17
4 or more times a week	19
No response	28

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	14	12	51	3
Exercise during of after pregnancy	15	10	52	3
Stretching	12	23	40	5
Exercising more myself	7	14	56	3
Getting my children to exercise more	13	13	50	4
Back health	7	15	53	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 054

ENGLISH

Immunization shots

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 056

Total Responses: 113

1. Check one that describes you:	Yes	No	N/R
Pregnant	22	79	12
A parent/caretaker of a baby under 6 months	46	58	9
A parent/caretaker of a baby 6 months to 1 year	26	73	14
Breastfeeding (at least 1 time in 24 hours)	20	81	12
A parent/caretaker of a child over 1 year old	74	30	9
The dad, grandparent, caretaker of a child on WIC	21	72	20
The mom of a child on WIC	93	13	7
I am 18 years or younger	22	78	13

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	38	41	28	6
Getting children to eat healthy foods	10	23	80	0
Quick healthy meals	7	18	87	1
Eating a healthy diet after pregnancy	31	18	57	7
Saving money at the grocery store	12	24	76	1

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	10	48	50	5
Discussion only	29	56	21	7
Food demonstration/taste test	31	45	32	5
On the internet	45	31	30	7
Reading on my own	13	53	44	3
Learning activities	15	40	53	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 056

4. What is the highest level of school you completed?	Total
6th grade or less	4
7th to 9th grade	8
10th to 12th grade	30
High School graduate	38
Some College / Current Student	27
College Graduate	6
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	45	65	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	62	50	1
Cable TV	75	37	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	4
2 times a week	4
3 times a week	11
4 or more times a week	61
No response	33

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	30	27	54	2
Exercise during of after pregnancy	40	16	53	4
Stretching	32	27	49	5
Exercising more myself	22	23	67	1
Getting my children to exercise more	27	33	51	2
Back health	25	30	55	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 056

ENGLISH

appropriate foods for age

breastfeeding

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 058

Total Responses: 86

1. Check one that describes you:	Yes	No	N/R
Pregnant	18	64	4
A parent/caretaker of a baby under 6 months	24	59	3
A parent/caretaker of a baby 6 months to 1 year	30	51	5
Breastfeeding (at least 1 time in 24 hours)	12	70	4
A parent/caretaker of a child over 1 year old	44	39	3
The dad, grandparent, caretaker of a child on WIC	11	67	8
The mom of a child on WIC	71	12	3
I am 18 years or younger	16	64	6

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	21	35	28	2
Getting children to eat healthy foods	4	21	59	2
Quick healthy meals	6	18	59	3
Eating a healthy diet after pregnancy	16	22	46	2
Saving money at the grocery store	6	17	61	2

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	7	35	44	0
Discussion only	12	50	20	4
Food demonstration/taste test	14	34	37	1
On the internet	39	19	23	5
Reading on my own	23	32	27	4
Learning activities	5	25	53	3

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 058

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	11
10th to 12th grade	17
High School graduate	23
Some College / Current Student	20
College Graduate	3
No response	2

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	39	44	3
A video game console (X-box, Playstation, Game Cube, Nintendo)	36	44	6
Cable TV	65	20	1

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	3
2 times a week	7
3 times a week	9
4 or more times a week	32
No response	35

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	13	21	48	4
Exercise during of after pregnancy	14	22	43	7
Stretching	19	21	38	8
Exercising more myself	11	20	49	6
Getting my children to exercise more	15	22	44	5
Back health	12	28	41	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 058

ENGLISH

learning, education

teething

SPANISH

Como acercarnos en las tareas, Saber y Comprender

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 059

Total Responses: 102

1. Check one that describes you:	Yes	No	N/R
Pregnant	20	78	4
A parent/caretaker of a baby under 6 months	28	69	5
A parent/caretaker of a baby 6 months to 1 year	31	68	3
Breastfeeding (at least 1 time in 24 hours)	15	83	4
A parent/caretaker of a child over 1 year old	70	30	2
The dad, grandparent, caretaker of a child on WIC	23	70	9
The mom of a child on WIC	87	13	2
I am 18 years or younger	15	80	7

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	19	28	51	4
Getting children to eat healthy foods	5	4	92	1
Quick healthy meals	4	9	87	2
Eating a healthy diet after pregnancy	16	19	65	2
Saving money at the grocery store	10	12	77	3

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	16	18	66	2
Discussion only	18	47	34	3
Food demonstration/taste test	11	25	63	3
On the internet	53	22	21	6
Reading on my own	26	35	38	3
Learning activities	7	15	75	5

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 059

4. What is the highest level of school you completed?	Total
6th grade or less	5
7th to 9th grade	19
10th to 12th grade	32
High School graduate	19
Some College / Current Student	19
College Graduate	7
No response	1

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	35	62	5
A video game console (X-box, Playstation, Game Cube, Nintendo)	46	53	3
Cable TV	59	41	2

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	11
2 times a week	9
3 times a week	21
4 or more times a week	43
No response	18

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	22	14	62	4
Exercise during of after pregnancy	26	18	55	3
Stretching	21	20	57	4
Exercising more myself	14	11	74	3
Getting my children to exercise more	18	17	65	2
Back health	17	16	67	2

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 059

ENGLISH

programs for single parents

Importance of breastfeeding, accomodating diet for pregnancy/breastfeeding, how foods affect taste of breastmilk.

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 060

Total Responses: 121

1. Check one that describes you:	Yes	No	N/R
Pregnant	31	80	10
A parent/caretaker of a baby under 6 months	32	79	10
A parent/caretaker of a baby 6 months to 1 year	24	83	14
Breastfeeding (at least 1 time in 24 hours)	12	98	11
A parent/caretaker of a child over 1 year old	82	34	5
The dad, grandparent, caretaker of a child on WIC	23	85	13
The mom of a child on WIC	104	12	5
I am 18 years or younger	23	86	12

2. Check one topic you want for WIC classes or videos:	No Thanks	Maybe	Yes, Please	N/R
Reading food labels	33	38	45	5
Getting children to eat healthy foods	10	14	96	1
Quick healthy meals	5	13	98	5
Eating a healthy diet after pregnancy	27	16	72	6
Saving money at the grocery store	14	22	80	5

3. How do you like your WIC classes to be presented?	Do Not Like	Like a Little	Like a Lot	N/R
Video with discussion	4	47	67	3
Discussion only	27	63	21	10
Food demonstration/taste test	24	36	53	8
On the internet	56	32	23	10
Reading on my own	29	42	42	8
Learning activities	5	29	80	7

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 060

4. What is the highest level of school you completed?	Total
6th grade or less	10
7th to 9th grade	20
10th to 12th grade	32
High School graduate	35
Some College / Current Student	20
College Graduate	4
No response	0

5. Which of these do you have at home?	Yes	No	N/R
Computer with internet access	33	81	7
A video game console (X-box, Playstation, Game Cube, Nintendo)	52	62	7
Cable TV	74	40	7

6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape?	Total
1 time a week	8
2 times a week	15
3 times a week	20
4 or more times a week	49
No response	29

7. Do you want information on the topics below?	No thanks	Maybe	Yes, Please	N/R
Stress management	24	34	57	6
Exercise during of after pregnancy	35	22	56	8
Stretching	30	40	43	8
Exercising more myself	18	29	68	6
Getting my children to exercise more	32	24	58	7
Back health	30	24	58	9

FY 2007 Nutrition Education and Breastfeeding Participation Survey for LA 060

ENGLISH

fun recipes for children to make

breastfeeding benefits.

breastfeeding

How to get of weight after baby is born